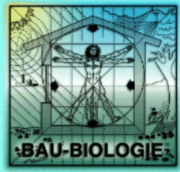


October 2009

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With your help we can change the environment. Join for 2009.

Become an IBE Member

- Introductory member \$20
- Basic member \$45
- Contributing member \$65*
- BBEC Member \$100*
- Lifetime Member \$1000*

Sign up today to start making a difference

Become a Member Page

[IBE Membership](#)

* Membership dues above \$65 include a subscription to Natural Life Magazine

Thank You:

This month shout out goes to Alex Stadtner, Larry Gust, Jim Quigley and Jeanne McLaughlin who gave of their time and money to attend the West Coast Green conference and the Healthy Home conference. At each, presentations were given to raise awareness about the IBE holistic approach to integrate biology and ecology within our living, working and playing environments.

Thank you – hundreds more have now heard our message. Keep up the good work.

Solar Living Institute, and The Home Depot Foundation.

Larry Gust (BBEC), his wife Caroline, and Alex Stadtner (BBEC) basked in the interest and enthusiasm that the IBE booth generated – “generated” quite literally by a mock-bedroom and Body Voltage (BV) testing station. Larry and Alex took turns taking BV measurements and placing bright yellow stickers on attendee’s shirts – “My Body Voltage Is ___ mV. Learn more at the IBE Booth.”

Inside Scoop: IBE Pushes West Coast Beyond Green

A Building Biology Environmental Consultant (BBEC) had a vision more than five years ago – unite leaders in the green building movement, exemplary manufacturers, and interested designers, builders, and homeowners on the west coast. What few knew at the time, was that Christi Graham (BBEC) had the right idea at the right time, and very soon “West Coast Green,” a conference to push the green envelope on the west coast, would become one of the largest sustainable building conferences in the United States!

Thanks to Christi’s vision and unbeatable drive, the forth-annual conference was a glorious success. Earlier this month IBE was proud to represent a contributing sponsor table where more than 12,000 people saw International Institute for Bau-Biologie & Ecology’s (IBE) logo right along side other donors such as PG&E,

The Body Voltage demonstration and yellow sticker campaign grabbed lots of attention. Hundreds flocked by the booth and took home fliers about IBE’s courses and upcoming events. Several classes were sold and many names were added to IBE’s e-newsletter list. As 2010 approaches, the momentum and growth in public awareness of occupant-health issues is palpable. IBE is in the right place at the right time.

From vision to fruition – Christi Graham is an example of what determination and good motives can build. We thank Christi, and everyone who came to the IBE booth at West Coast Green, for your contributions toward improving our world.

Alex Stadtner, BBEC

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Calendar of Events 2009

IBE 213 --Natural Healthy, Building Seminar

Dates - Nov 30 to Dec 4, 2009

Location: The Frontier Project
10440 Ashford Street, Building
D, Rancho Cucamonga, CA

Required part of the Building Biology
Environmental Consultant (BBEC)

Certification program

(40 hrs CEUs - IBE, AIA, InterNACHI)

**Early bird special: Register before 1
Nov price \$1275 (save \$100 off regular
price \$1375).**

This 5-day interactive seminar reinforces the on-line course material by learning practical methods to apply the Principles of Bau-Biologie®. Students review the indoor environmental hazards a home or office may contain and the design and construction strategies to avoid them during construction and remodeling. Topics include designing for the climate, building science, house systems, and wall systems. This seminar benefits home dwellers, architects, interior designers, and other building professionals. The seminar includes lectures, labs for instrumentation usage, demonstrations and interactive discussions in order to prepare you to be a consultant.

Prerequisites: completion of the on-line module IBE 201.2 Bau-Biologie Basics (free), IBE 202.2 Building Science Basics, and IBE 204.2 Indoor Climate (included in cost of course).

Time requirement: 5 days (successful completion of a written exam is required for BBEC status)

Recommended Reading -

- Prescriptions for a Healthy House, 3rd Edition: A Practical Guide for Architects, Builders & Homeowners by Paula Baker-Laporte, et al.
- Your Home Technical Manual (Passive Design); available from: <http://www.yourhome.gov.au/technical/index.html>

Day 1 – Introduction to Design

- IBE Introduction
- Building Science - overview
- Bau-Biologie Principles – a specialized branch of Building Science
- Design for Climate and Culture
- Passive/natural heating, cooling, ionization, humidity control, ventilation and day lighting strategies.
- Healthy electro-climate.
- Definition of scientific terms in the context of Bau-Biologie
- Historical and alternative wall sections - compared and contrasted

Day 2 - The Outdoor Environment/Site

- Balanced and regenerative ecological approach to site
- Siting of buildings
- Discussion of geopathic zones, water, flora, fauna, climate, surrounding neighborhood, man-made electro-climate impacts
- Ecological applications of the dwelling's waste stream.

Day 3 – House as a Complex System

- Indoor climate: temperature (air, surface, stratification, and monotony), electrobiology, ventilation/filtration strategies, and finishes.
- Alternative Wall Assemblies assessment.
- Finish materials for walls, floors, ceilings, exterior skins and openings.

Day 4 – Human Interaction with the Home

- Core of an ecological life-style
- Choices for furnishings, household cleaners, pest management, appliance selection etc
- Facilitate the growing, preparation storage and composting of food.
- Day-to-day maintenance and long term upkeep

Day 5 – Review & Exam

This seminar is interactive with demonstrations, labs and research assignments designed to reinforce the lecture material. Daily schedules are only approximations.

It is not possible within a short timeframe to cover all of the material required for building a natural, healthy home. This seminar is only intended to raise awareness of the Bau-Biologie® (Building Biology™) research and techniques. Attendance at this seminar alone is not intended to imply that the attendee is qualified or certified for investigation, consultancy, building, architectural design, teaching, or any other practice associated with Bau-Biologie principles.

IBE has done it!! We NOW have a Healthy Home Standard

This standard in draft form is the first phase towards certifying homes as Healthy from a Building Biology perspective.

[Access it here ...](#)
and send your comments to
IBEstandards@buildingbiology.net.

The Science and Public Policy Institute (SPPI) Announces the Research Study:

"The Effectiveness of Guided Self-Help Administered Integrative Interventions in the Management of Environmental Illness."

SPPI

The Science and Public Policy Institute

Managing Environmental Illness Research Project

Get involved[Read more](#)

YOU ARE INVITED TO PARTICIPATE IN A STUDY:

- of the effectiveness of guided self-help administered custom interventions for the management of environmental illness

- and to gather scientific data to support health insurance coverage for illnesses that are influenced adversely by environmental exposures.

To read more about the study and to enroll -- [click here](#) (pdf document)

For more information on **Building Biology** and **The International Institute for Bau-Biologie & Ecology** please visit our website <http://www.buildingbiology.net/>

Research Participants:

* You suffer from one of the illness derived from environmentally induced cell-membrane damage:

Autism,
Electromagnetic Hypersensitivity,
Multiple Chemical Sensitivities,
Attention-deficit conditions,
Post-Traumatic Stress Disorders,
Anxiety disorders and
Sleep problems

* You suffer from another environmental illness not listed above.

* You believe that treatment for other conditions from which you suffer is compromised by adverse environmental influences.

* You are the parent of a young person who suffers from environmental illness.

* You have expressed an interest in following healthful adaptation protocols as a means of prevention.

* You have expressed an interest in following healthful adaptation protocols as a means of wellness.

Study Specifics:

Dates of enrollment:

6 Oct 2009 through 10 April 2010

Conclusion of study:

6 Oct 2010

Initial cost of participation: \$600(US)
Estimated total cost: \$2,500(US)
(combined insurance reimbursed and out-of-pocket for your custom interventions)

(Please note that SPPI offers a variety of payment plans so that all can participate.

Please see page 14 of the [research invitation](#) for more information.)

Dr. George Carlo is Chairman of SPPI, a position he has held since 1989. Over the past thirty years, he has been at the forefront of researching and developing strategies for managing environmental illness.

He was among the first scientists on the scene at the infamous Love Canal chemical crisis in Niagara Falls, New York in 1978 that led to the Superfund law addressing hazards from abandoned hazardous waste sites.

He was integral in writing the enabling legislation that established the Agency for Toxic Substances and Disease Registry within the Department of Health and Human Services, a primary group addressing the effects of environmental contaminants.

He served for ten years on the U.S. Congress' Office of Technology Assessment Agent Orange Advisory Panel, providing advice to Viet Nam Veteran's suffering from the effects of the dioxin-laced defoliant program.

During the 1990s, he headed Wireless Technology Research, the world's largest program to date addressing the health impacts of wireless technology related electromagnetic radiation.

Among his more than 200 peer reviewed publications are papers addressing environmentally caused reproductive effects, infertility, tumors, cancer, electrosensitivity, Autism, and multiple chemical sensitivities.

He has training in pathology, epidemiology, medical science and law, and over the past thirty years has served on the medical and research faculties of the State University of New York at Buffalo, the University of Arkansas and the George Washington University.

Please submit articles to outreach@buildingbiology.net for future issues.